

ST. THERESE CATHOLIC CLASSICAL SCHOOL
NOTES & REMINDERS
May 9, 2024

*Visit us on our website,
www.stthereseschool.com
or on face book, www.facebook.com/sttheresecatholic*

● **May 10th, Friday – NO SCHOOL – Teacher Work Day**



May 11th, Saturday – Culture Fair – 6 P.M. to 8 P.M.



May 17th, Friday – Jog-a-Thon – Morning



May 17th, Friday – Talent Show – Afternoon



May 23rd, Thursday – Field Day – Morning



May 23rd, Thursday – Skate City Free Pizza Party Night

● **May 24th, Friday – NOON DISMISSAL – Teacher Work Day**



May 24th, Friday – 8th Grade Gratitude Mass – 8:00 A.M.

8th Grade Continuation Ceremony – 9:30 A.M. (in the gym)



May 25th, Saturday – Confirmation Mass – 9:00 A.M.

A Note from our Principal, Mr. Vaughan:

Our Cultural Fair is this Saturday! Please plan to join us in the school gym from 6:00 P.M. - 8:00 P.M. for great food and fun games from around the world. The cost is \$25 per family or \$10 per person, and all the money raised goes to support our school.

Speaking of raising money, our spring raffle is underway and there are some incredible raffle items. \$5 raffle tickets are available for purchase in the front office until 2:00 P.M. on Friday, May 17th. The drawing will take place at 2:30 P.M. after the Talent Show.

As we draw closer to the end of the year, we get to enjoy some great community events, like the Jog-a-Thon! Please join us on Friday, May 17th for a fun morning of running, followed by the Talent Show starting at 1:00 P.M. It's always a blessing to gather as a community at the end of the year as we celebrate our joyful pursuit of Truth, Beauty, Goodness, and Unity as we grow as disciples of Jesus Christ!

You are all in my prayers every day!



Jog-a-Thon is May 17th – This is the St. Therese Booster Clubs' sole fundraiser for our sports program. Any student who **turns in 10 or more sponsor forms receives a voucher for a dress down day or a free concession item** on the day of the Jog. **You must turn in at least 6 sponsor forms to get a FREE Jog-a-Thon t-shirt.** And don't forget, whoever wins our contest for the **design for next year's Jog-a-Thon t-shirt wins \$50.00!!!**

Sponsor forms and art work for our next year's Jog-a-Thon t-shirt are due today!!!

FALL SPORTS



registration will open this year on May 15th. If you are planning to register your child for St. Therese Fall Sports (Coed Volleyball or Cross Country), please go to csalderver.org to register.

ENCLOSURES IN THIS WEEK'S THURSDAY FOLDER: (any flyer enclosed with this newsletter that is not a St. Therese Flyer is not a St. Therese sponsored event).

- List of Raffle Items & Tickets
- St. Therese Cultural Fair
- Skate City Summer Cards
- Skate City Free Pizza Party Night
- Educational Outfitters
- St. Raphael Counseling Information

Assurance Statement of Compliance with the purposes of Title IX Education Act

The Catholic schools of the Archdiocese, under the jurisdiction of the Archbishop, and at the direction of the Superintendent, attest that none of the Catholic schools discriminates on the basis of sex in its admission policies, its treatment of students or its employment practices.

Notice of Student Non-Discrimination Policy

The Catholic schools of the Archdiocese of Denver, under the jurisdiction of Archbishop Samuel J. Aquila, S.T.I. and at the direction of the Superintendent, state that all of their Catholic schools admit students of any race, color, national or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the schools. Furthermore, Archdiocesan schools admit handicapped students in accord with the policy on Admissions in the Archdiocese of Denver Catholic Schools Administrator's Manual. These schools do not discriminate on the basis of race, age, handicap, color, national or ethnic origin in the administration of their educational policies, employment practices, scholarship and loan programs, or athletic or other school administered programs.

St. Therese Catholic School Cultural Fair



Saturday, May 11, 2024
6:00 PM - 8:00 PM

\$10 per person or \$25 per family

Come enjoy great food, music,
dancing, and more!

1200 Kenton Street Aurora, 80010

Escuela Católica St. Therese Feria Cultural



Sábado, 11 de mayo
6:00 PM - 8:00 PM

\$10 por persona o \$25 por familia

¡Venga a disfrutar de buena comida,
música, baile y más!

1200 Kenton Street Aurora, 80010

Educational Outfitters 24-25 School Year Sales

save 20% off all of April

save 15% off all of May

save 10% off
June 1st-15th



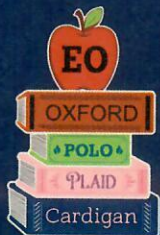
denver.educationaloutfitters.com

No code needed. Spirit wear is excluded from sales. Please allow 1-3 weeks for orders to be completed

We extend our exchange policy during our summer sales, letting you shop now and exchange later.

Simply keep tags on items that are *eligible and exchange within 6 months of purchase.

*Discontinued items, logos or specialty sizes are not eligible for exchange.



8170 S. University Blvd. #250

Centennial, CO 80122

Shop online or in-store | see website for hours

St. Therese Catholic Classical School Spring Raffle Fundraiser!

Purchase your \$5 raffle tickets to win any of the following:

<ul style="list-style-type: none"> ● An Estes Park vacation! ● Principal for the Day ● A movie afternoon with Mrs. Sue and Ms. Frey ● A movie afternoon with Mrs. Seeber and Ms. Weisiger ● A two-hour basketball mini-camp, hosted by Mrs. Araiza and Ms. Kerwin ● Game night with Mrs. Poss ● Tea & Treats with Mrs. Batorowicz & Mrs. Farris ● Lunch buffet with Mrs. Rivers & Mrs. Lange ● Tea Time with God Basket 	<ul style="list-style-type: none"> ● Pasta making afternoon with Mr. Hellier and Ms. Manocchio ● Italian dinner night for your class ● A homemade quilt ● Decorative petrified wood sculptures ● A Dairy Queen gift card ● A Popeye's gift card ● Guided Tour of Urban Farm with Mrs. Batorowicz ● Four tickets to a Colorado Rockies game ● And so much more!
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Tickets now on sale until May 17th. All winners will be announced at the Talent Show on May 17.

Purchase your \$5 tickets in the front office or cut them below. There is no limit to the number of tickets you can buy!

\$5 Raffle Ticket	\$5 Raffle Ticket	\$5 Raffle Ticket
Name: _____	Name: _____	Name: _____
Phone Number: _____	Phone Number: _____	Phone Number: _____
Raffle Item: _____	Raffle Item: _____	Raffle Item: _____

Escuela Clásica Católica Santa Teresa

¡Rifa de recaudación de fondos de primavera!

Compra tus boletos de rifa de \$5 para ganar cualquiera de los siguientes:

<ul style="list-style-type: none"> ● ¡Unas vacaciones en Estes Park! ● Director del día ● Una tarde de cine con la señora Sue y la señora Frey ● Tarde de cine con la señora Seeber y la señora Weisiger ● Un minicampamento de baloncesto de dos horas, organizado por la Sra. Araiza y la Sra. Kerwin ● Noche de juegos con la Sra. Poss ● Té y golosinas con la señora Batorowicz y la Señora Farris ● Almuerzo buffet con la Sra. Rivers y la Sra. Lange ● Cesta La Hora del Té con Dios 	<ul style="list-style-type: none"> ● Tarde de preparación de pasta con el Sr. Hellier y la Sra. Manocchio ● Noche de cena italiana para tu clase. ● Una colcha casera ● Esculturas decorativas de madera petrificada. ● Una tarjeta de regalo de Dairy Queen ● Una tarjeta regalo de Popeye ● Visita guiada a la granja urbana con la Sra. Batorowicz
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Los boletos ya estan a la venta hasta el 17 de mayo. Todos los ganadores serán anunciados en el Show de Talentos el 17 de mayo.

Compre sus boletos de \$5 en la oficina principal o córtalos a continuación. ¡No hay límite para la cantidad de boletos que puedes comprar!

Boleto de rifa de \$5	Boleto de rifa de \$5	Boleto de rifa de \$5
Nombre: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Nombre: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Nombre: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>
Número de teléfono: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Número de teléfono: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Número de teléfono: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>
Artículo de la rifa: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Artículo de la rifa: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>	Artículo de la rifa: <hr style="border: 0; border-top: 1px solid black; margin-top: 5px;"/>

SkateCity

FREE
PIZZA
Skate Party



\$7

ADMISSION
FEE

\$4
SKATE
RENTAL

\$5 Meal Deals Available

St. Therese Catholic School

Bring your friends and family for a GREAT end of the school year private school skate party event, just for the students, staff, family, and friends from the school!



**Thursday,
May 23rd**



6-8pm



www.skatecitycolorado.com



AURORA



303.690.1444



Skate For \$1 Admission

ALL SUMMER LONG

During regular public skating sessions!

Buy a **Skate City Summer Card** from your school for **\$5**

Your school receives **\$2 back** for each card sold!



Summer Membership Card SKATING SCHEDULE

Valid skate sessions listed below:

May 28th—August 11th

Sunday	12-2, 2-4, 4-6, 6-8 pm
Monday	12-2, 2-4, 4-6 pm
Tuesday	12-2, 2-4, 4-6 pm
Wednesday	12-2, 2-4, 4-6, 6-8 pm
Thursday	12-2, 2-4, 4-6 pm
Friday	12-2, 2-4, 4-6, 6-8 pm
Saturday	10-12, 12-2, 2-4, 4-6 pm
Skate Rental \$5.00	
(Excludes Memorial & Independence Day)	

Excludes Adult Night Sessions & **Skate Rental NOT Included**

Regular Admission \$8.00
Extra Sessions \$2.50

- Cards also valid Saturdays & Sundays thru September
- 15% off purchase of skates with summer cards
- SUMMER Cards purchased at Skate City - \$12/each
- BUY a Card for everyone in the family!
- One card valid per person, per session
- Summer Cards are valid at ALL Skate City locations

The \$5.00 Summer Membership Cards are non-transferable and sold as a fundraising project with special arrangement with

St. Therese Catholic School

Summer Membership Cards will be available for purchase in the front office during school hours through May 24th, or by using the online link or QR code & picking up your physical 'cards' directly at Skate City with your email confirmation!

[Click HERE](https://us.partywirks.com/storefront_express/main/vendor/skate_city_colorado/520/inquiries/3926) or scan the QR code to purchase your Skate City Summer Membership Cards
https://us.partywirks.com/storefront_express/main/vendor/skate_city_colorado/520/inquiries/3926



Call Us
303-690-1444

Visit Our Website
skatecitycolorado.com

Aurora
15100 E. Girard Ave



*Consejo
del mes
salud
mental*

De practicar la gratitud:

- 1 Haz una lista de las cosas por las que estás agradecido o comienza un diario de gratitud

convertir los pensamientos negativos en pensamientos positivos; Elige enfocarte en lo bueno
- 2 Coloque un recordatorio visual en algún lugar (como el tablero de su automóvil o el espejo del baño) que le recuerde que debe "concentrarse en lo bueno"
- 3 Esté presente: respire profundamente a lo largo del día y concéntrese en las tareas y las personas que tiene frente a usted

las cenas familiares, vayan alrededor de la mesa y pidan a cada persona que exprese por qué está agradecida hoy
- 4
- 5

¿Por qué es importante practicar la gratitud?

La gratitud tiene dos componentes clave; Una es afirmar las cosas buenas que hemos recibido en nuestras vidas. La segunda es reconocer el papel que juegan otras personas en proveer bondad a nuestras vidas. Practicar la gratitud significa despertar a lo bueno que te rodea en lugar de centrarte solo en lo negativo. La investigación ha relacionado la gratitud con una amplia gama de beneficios, incluido el fortalecimiento de su sistema inmunológico y la mejora de los patrones de sueño, sentirse optimista y experimentar más alegría y placer, ser más servicial y generoso, y sentirse menos solo y aislado. Los niños se benefician especialmente de ver la gratitud modelada por los adultos en sus vidas; Aprenden a acercarse al mundo y a manejar los contratiempos de manera saludable cuando saben ser agradecidos.



ST. RAPHAEL



TEAM

St. Raphael Counseling ayuda a las Escuelas Católicas de la Arquidiócesis de Denver proporcionando consejeros para apoyar las necesidades de evaluación académica y socioemocional de los estudiantes. El equipo también puede proporcionar recursos para la respuesta a crisis y la evaluación de amenazas. Los consejeros escolares de St. Raphael actualmente prestan servicios en muchas escuelas arquidiocesanas y pueden brindar asesoramiento a cientos de estudiantes cada año. Ya sea que aborden inquietudes de comportamiento, éxito académico, desarrollo socioemocional, clima escolar o intervención en crisis, los consejeros escolares son un recurso valioso para maestros, estudiantes y padres. Si tiene preguntas sobre el programa, llame a Gina Lanz.

CONTACTO

Gina Lanz, MEd, LPC, NCC
Director of School Counseling
and Psychology Services,
St. Raphael Counseling
w: (720) 377-1359
c: (720) 446-8321

St. Raphael Counseling
720-377-1359





Mental Health Tip of the Month

Ways to practice gratitude:

- 1 Make a list of the things you are grateful for or start a gratitude journal
- 2 Practice turning negative thoughts into positive thoughts; choose to focus on the good
- 3 Put a visual reminder somewhere (such as your car dashboard or bathroom mirror) that reminds you to "focus on the good"
- 4 Be present: take deep breaths throughout the day and focus on the tasks and people in front of you
- 5 At family dinners go around the table and have each person express what they are grateful for today

Why is practicing gratitude important?

Gratitude has two key components; One is to affirm the good things in our lives that we have received. The second is to acknowledge the role other people play in providing our lives with goodness. Practicing gratitude means to wake up to the good around you instead of only focusing on the negative. Research has linked gratitude with a wide range of benefits, including strengthening your immune system and improving sleep patterns, feeling optimistic and experiencing more joy and pleasure, being more helpful and generous, and feeling less lonely and isolated. Kids especially benefit from seeing gratitude modeled by the adults in their lives; they learn how to approach the world and handle setbacks in a healthy way when they know how to be grateful.



ST. RAPHAEL



TEAM

St. Raphael Counseling* assists the Archdiocese of Denver Catholic Schools by providing counselors to support students' social-emotional and academic assessment needs. The team can also provide resources for crisis response and threat assessment. St. Raphael school counselors currently serve several Archdiocesan schools and are able to provide counseling for hundreds of students every year. Whether addressing behavior concerns, academic success, social emotional development, school climate or crisis intervention, school counselors are a valuable resource for teachers, students and parents. For program questions please call Gina Lanz, contact info below:

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